



## Internal Profile Assessment Word Clusters

For each row of word clusters, assign a 5, 4, 3, 2, or 1 next to each word group. A 5 represents the word group which, *judging by your behavior throughout your life*, is **most important** to you; 4 would be next, 3 next, 2 next, and 1 would be **least important** to you. You must use all five numbers in each row. When you are finished, use the scoring key to determine your *Internal Profile*.

_____ family _____ friends _____ cooperation	_____ achievement _____ goals _____ purpose	_____ autonomy _____ self-reliance _____ free-will	_____ play _____ pleasure _____ enjoyment	_____ safety _____ comfort _____ shelter
*****				
_____ independence _____ space _____ choices	_____ neatness _____ order _____ procedures	_____ relationships _____ communication _____ closeness	_____ laughter _____ joy _____ amusement	_____ growth _____ strength _____ control
*****				
_____ games _____ humor _____ fun	_____ health _____ caution _____ security	_____ novelty _____ change _____ freedom	_____ feelings _____ sympathy _____ helping	_____ learning _____ competition _____ high _____ standards
*****				
_____ intimacy _____ kindness _____ warmth	_____ spontaneity _____ excitement _____ celebration	_____ adventure _____ risk _____ outdoors	_____ recognition _____ being _____ heard _____ winning	_____ dependability _____ punctuality _____ responsibility
*****				
_____ challenge _____ skillfulness _____ work	_____ understanding _____ generosity _____ nurturing	_____ flexibility _____ travel _____ liberty	_____ stability _____ tradition _____ investment	_____ wit _____ innovation _____ variety
*****				

Total	_____	BLUE
Total	_____	RED
Total	_____	PURPLE
Total	_____	ORANGE
Total	_____	GREEN

### My Internal Profile

My Highest Basic Human Need \_\_\_\_\_

2<sup>nd</sup> \_\_\_\_\_

3<sup>rd</sup> \_\_\_\_\_

4<sup>th</sup> \_\_\_\_\_

Lowest \_\_\_\_\_

(Erwin, 2004)